

## Support in Times of Need

United Way 2-1-1 is an information and referral line to help connect those in need to community resources and volunteer opportunities. If you or someone you know needs help or wants to volunteer, get connected by simply dialing 2-1-1. This free service is available in Shasta, Tehama, and Butte Counties. Learn more by visiting [www.211norcal.org](http://www.211norcal.org)

United Way changes lives by mobilizing the caring power of the community, by focusing on the building blocks for a good life: education, income, and health. United Way recruits people and organizations who bring the passion, expertise, and resources needed to get things done. You can give, you can advocate, and you can volunteer – that's how to LIVE UNITED.

# LIVE UNITED



United Way  
of Northern California

United Way of NorCal  
2280 Benton Drive  
Redding, CA 96003  
530-241-7521

*Serving Butte, Glenn, Lassen,  
Modoc, Plumas, Tehama,  
Trinity, Shasta, and Siskiyou  
counties*

Connect with us.

[www.norcalunitedway.org](http://www.norcalunitedway.org)



# CONNECT WITH YOUR COMMUNITY



LIVE UNITED with us and fight for more opportunities for the youth in the North State.



## 2016-2017 Partner Agencies

*From Jenny with  
"From the Ground Up, Inc.":*

At the homeless shelter in Chico we provide workshops that teach money and time saving solutions.

Clients purchase dry ingredients in bulk; this greatly reduces cost. We teach them how to pre-measure jars with recipes for their favorite soups, stews, etc. and put them on a shelf.

The purpose is that anytime they get off work tired and have a family to feed they can now do so in 20 minutes, with a **nutritious meal for pennies each.**

Recently one of the students, a little boy who was about 8 years old hugged me and said, "This will be me and my mom's first meal when we get a real house again, thank you!"

They have since found housing, employment and use the money and time saving techniques they learned while living in the shelter. They also now have their own garden and use what they've learned about nutrition daily.



*From the Ground up Farms is a volunteer led United Way partner agency. They plant Community Gardens and teach nutrition workshops all around Butte County and surrounding areas.*

Alternatives to Violence

Anderson-Cottonwood Christian Assistance

California Heritage Youth Build Academy

Empire Recovery Center

Exodus Farms Ministry

From the Ground Up, Inc.

Girls Inc. of Northern Sacramento Valley

Glenn County 4-H

Help Central Inc.

HOPE City

Human Response Network

One Safe Place

Providence International Enterprises

Shasta County Arts Council

Shasta County Chemical People

Shasta County Child Abuse Prevention

Coordinating Council

Shining Care Inc.

Stonewall Alliance of Chico

Tehama County Community Action Agency

Turtle Bay Exploration Park

Youth Program Supporters

Youth Violence Prevention Council of Shasta Co.

***Every dollar you donate matters...***

**If half of our region gave \$5 every two weeks we could raise \$39.7 million dollars a year!**